



Eating healthy has never been so easy.

Take a break from donuts and candy bars and celebrate the power of good nutrition—with fresh organic fruits and vegetables delivered right where you work!

Farmers' market in a box.

Good nutrition is one of the keys to good health. That's why Kaiser Permanente and your employer are teaming up to bring you the good stuff at work. Just choose how many, and how often you'd like to receive your seasonal produce. Then our produce delivery partners, The Fruit Guys, will bring these healthy treats right to your worksite.



Go to **fruitguys.com/eatingwell** or call toll free **1-877-FRUITME (1-877-378-4863)** to place your order for farm-fresh produce—you can even have it delivered to your break room or weekly meetings.

It's an easy and convenient way to make smart, satisfying choices right at work.